



### NADA Member Update 3 April 2009

This is a fortnightly email update for NADA members.

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For membership related enquiries please contact Tanya Merinda, Director Sector Development at [tanya@nada.org.au](mailto:tanya@nada.org.au) or phone 02 8113 1312.

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This is a regular fortnightly email update for NADA members.

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### Notice board

#### AHS premises for lease

NADA has been advised that our member WHOS will be relocating soon from their premises in Surry Hills. The Area Health Service is looking to enter into a long term lease with another NGO residential treatment service. The building has had substantial works to facilitate its use by a residential treatment service.

Contact Jennifer Holmes on 02 9332 8777 or [Jennifer.holmes@sesiahs.health.nsw.gov.au](mailto:Jennifer.holmes@sesiahs.health.nsw.gov.au) Or contact Larry Pierce at NADA on his direct line 02 8113 1311 or [larry@nada.org.au](mailto:larry@nada.org.au)

#### NADA and MHCC Conference – registrations open, book now!

##### 6-8 May 2009 at Dockside, Darling Harbour, Sydney

A registration form and indicative program for the conference are available [here](#). Keynote presentations include John Mendoza - Chair of the National Advisory Council on Mental Health, Tania Major - Young Australian of the Year 2007, and Professor Margaret Hamilton - Chair of the Multiple and Complex Needs Panel in Victoria.

Travel subsidies to support attendance from some agencies, particularly those in rural and remote locations are available (conditions apply). A travel subsidy application form can be downloaded from the NADA and MHCC websites. For NADA members, these forms should be forwarded to Jo Khoo ([jo@nada.org.au](mailto:jo@nada.org.au) if sent electronically).

NADA has reserved a block of accommodation at the Metro on Pitt Hotel (300 Pitt St, Sydney, [www.metrohotels.com.au](http://www.metrohotels.com.au)) for members to book at a discounted rate. The hotel is a 10 minute walk to the conference venue. If you wish to book and pay for a room, please contact Laura Richards at the Conference Business on 02 9415 6715 or [laura@theconferencebusiness.com.au](mailto:laura@theconferencebusiness.com.au). (Please note that cheque payment will be required [in advance](#)).

**There are opportunities available for advertising in our conference program booklet!** This booklet will be given to each conference delegate and contributor and we anticipate a print run of at least 500. There are limited spaces available and we need to prepare for publication. If you are interested in promoting your organisation or your services, please contact Edi Condack on [info@mhcc.org.au](mailto:info@mhcc.org.au) or 02 9555 8388 Ext 0 as soon as possible for an application form.

### DAMEC - Invitation to participate

DAMEC would like to invite all interested drug and alcohol workers to participate in an [online survey](#). The survey asks about the demographic profile of your current clients and the information workers collect related to cultural diversity. The survey is brief with 11 questions. All responses will be kept confidential and privacy protected when reporting the results. The survey period closes Friday 17 April 2009.

### Drug Trends Quarterly Bulletins available from NDARC

The IDRS and EDRS December bulletins are now available on the NDARC website.

Topics and links are as follows:

IDRS: High risk alcohol use among a group of people who regularly inject drugs in Australia

[http://ndarc.med.unsw.edu.au/ndarcweb.nsf/resources/IDRS+Bulletin+April09.pdf/\\$file/IDRS+Bulletin+April09.pdf](http://ndarc.med.unsw.edu.au/ndarcweb.nsf/resources/IDRS+Bulletin+April09.pdf/$file/IDRS+Bulletin+April09.pdf)

EDRS: Gambling practices among regular ecstasy users in South Australia

[http://ndarc.med.unsw.edu.au/ndarcweb.nsf/resources/EDRS+Bulletin+April09.pdf/\\$file/EDRS+Bulletin+April09.pdf](http://ndarc.med.unsw.edu.au/ndarcweb.nsf/resources/EDRS+Bulletin+April09.pdf/$file/EDRS+Bulletin+April09.pdf)

### Self-Managed Change from Problematic Cannabis Use Survey

The National Cannabis Prevention and Information Centre are running a web-based survey of cannabis users' experiences of self-managed change from (self-defined) problematic cannabis use (ie, those who have reduced/stopped on their own initiative without the assistance of formal treatments). If you know anybody who might be interested in sharing their experiences via a web-based survey, please pass on the following link <http://ncpic.org.au/ncpic/surveys/>

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## Calendar

### Hunter Institute of Mental Health workshops

**14 & 15 April 2009.** Newcastle City Hall.

*Introduction to Acceptance and Commitment Therapy (ACT)*, presented by Dr Russ Harris,

*Introduction to Dialectical Behaviour Therapy (DBT) Three Day Program*, presented by Michael Romeo and Kellie Goldsworthy, 6, 7, 8 May, James Fletcher Hospital, Newcastle.

*Danger Ideation Reduction Therapy: A Comprehensive Treatment for Obsessive Compulsive Disorders*, presented by Dr Mairwen Jones, 14 & 15 May, James Fletcher Hospital, Newcastle.

*Skills Training in Trauma Focused Treatment for PTSD*, presented by David Forbes and Andrea Phelps (Australian Centre for Posttraumatic Mental health, University of Melbourne), 28 & 29 May, James Fletcher Hospital, Newcastle.

Register online at [www.himh.org.au](http://www.himh.org.au), for further information contact Crystal at HIMH Training 02 4924 6721.

### Getting Real(ist) About Evaluating Community Services

**Dates:** Tuesday 28 & Wednesday 29 April 2009 **Venue: Metro Sydney Central**

Two day workshop with Dr Gill Westhorp.

Community services, health and education programs face particular problems in evaluating their services. Lack of resources, lack of capacity to collect outcomes data, complex programs, and (sometimes) small participant numbers all contribute to the difficulties. This workshop will introduce two new models of evaluation which have been designed for use in these settings and which help to address some of these difficulties.

**Workshop fees:** \$600 AES members and those from non-government not-for-profit organisations, \$886 non-members (incl. GST) 50% Discount for full time students

A flyer with more details on the workshop and presenter and a Registration Form is available at

<http://www.aes.asn.au/regions/nsw/> or by email at [aes@aes.asn.au](mailto:aes@aes.asn.au)

### One 80 TC Open Day

**1 May 2009** 12.30 to 3pm. Location: 140 Mahons Creek Road Yaramundi, NSW

Light lunch and refreshments provided. RSVP by 20 April to Amanada 1800 679 657 or [outreach@one80tc.org](mailto:outreach@one80tc.org)

### NADA and MHCC Conference

**6-8 May 2009** at Dockside, Darling Harbour, Sydney

### **NADA Working with Families and Carers Workshops**

**21<sup>st</sup> May, 22<sup>nd</sup> May, 4<sup>th</sup> June and 5<sup>th</sup> June 2009**

The one day workshops, facilitated by the Bouverie Centre Family Institute, will be centred around working more effectively with families and will look at addressing the challenges that services face in working with families. It will also provide an opportunity to network with other services and hear what they are doing in this area. **Venue:** Australian Technology Park, Redfern **Cost: Free to NADA members**

For more information, please contact Robert at NADA on 02 8113 1320 or [Robert@nada.org.au](mailto:Robert@nada.org.au).

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### **Advocacy and Policy**

The latest updates are available from our web site [here](#).

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### **Media**

#### **NADA Advocate**

The latest NADA Advocate (**Edition 2 for 2009**) is now available from the NADA web site [here](#).

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### **Project Updates**

The latest updates are available from our web site [here](#).

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### **Resources**

#### **Working with Aboriginal people and communities: a practice resource - DoCS**

From *Department of Community Services (DoCS)*

This practice resource - *Working with Aboriginal people and communities* is a guide for all Community Services and relevant NGO staff, particularly field staff. It has been developed to improve service delivery to Aboriginal people by providing staff with key facts, and information relevant to working with Aboriginal communities in NSW.

#### **Workforce Development Checklist for the AOD field**

Authors: Ann M Roche and Ken Pidd

In response to increasing interest in workforce development (WFD) in the alcohol and other drugs (AOD) field, NCETA has developed a checklist which provides a quick overview of some of the key issues that fall under the umbrella of WFD. This checklist has been developed to ensure that workforce development is tackled effectively by the AOD sector and that the AOD sector continues to provide optimal service delivery at the level of prevention, policy, and clinical care.

To order a copy, please email [nceta@flinders.edu.au](mailto:nceta@flinders.edu.au) or phone 08 8201 7535 download a PDF version from [www.nceta.flinders.edu.au](http://www.nceta.flinders.edu.au).

#### **Free DVD Resource: Australian Guidelines for the Treatment of Adults with ASD and PTSD**

This resource has been developed by the Rural Health Education Foundation to support the Australian Guidelines for the Treatment of Adults with Acute Stress and Posttraumatic Stress Disorder. The DVD is available to health practitioners and aims to improve knowledge and skills in managing mental health conditions following trauma. There is also a community focussed program for carers and families called Recovering from Trauma: What Works. Both these DVDs are available free of charge.

To order, email your full postal address details (including phone number and email address) to [support@rhef.com.au](mailto:support@rhef.com.au) or contact the Foundation directly on (02) 62325480.

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## **Positions Vacant**

View vacant positions in the sector on our website [www.nada.org.au](http://www.nada.org.au)

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