



NADA Member Update 5 March 2009

This is a regular fortnightly email update for NADA member services.

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Notice board

NADA & MHCC Conference Outside In: Community Responses to Complex and Diverse Needs

6-8 May 2009 at Dockside, Darling Harbour, Sydney

A registration flyer for the conference will be available shortly and will be sent out to all members as well as being available to download from the [NADA](#) or [MHCC](#) websites.

Mental Health (Forensic Provisions) Act 1990 information materials

Please find attached some information materials on changes to forensic mental health legislation. These changes come into force on 1 March 2009.

The materials are also available on the NSW Health website, along with information bulletins on the changes to the forensic legislation and some changes to the Mental Health Act. Links to the relevant documents are outlined below.

- Mental Health (Forensic Provisions) Act 1990 information bulletin:
http://www.health.nsw.gov.au/policies/ib/2009/IB2009_007.html
- Amendments to the Mental Health Act 2007 information bulletin:
http://www.health.nsw.gov.au/policies/ib/2009/IB2009_006.html

All information materials (Guide, fact sheet and information bulletins):

<http://www.health.nsw.gov.au/policy/cmh/legal.html>

Dialectical Behaviour Therapy (DBT) workshop:

This workshop lead by Peter King CEO of the Unity Foundation provides a general overview and history of BPD and the effectiveness of DBT as a cognitive therapy. DBT was developed as a systematic cognitive-behavioural therapy for border personality disorder. Balancing acceptance and change strategies, DBT calls on the patient and the therapist to accept reality while maintaining a strong and conscious commitment to change. 7 April 2009 Sydney VIBE Hotel, North Sydney for registration details go to www.ppleucation.com.au or phone (02) 6628 2901.

Proceeds of Crime Grants Round

A new round of funding under Section 298 of the Proceeds of Crime Act 2002 (POCA) opened on 7 February 2009. Applications for funding from incorporated, not-for-profit community groups and local government associations/agencies are sought for projects which address one or more of the following areas:

- **Indigenous prisoner throughcare (rehabilitation, treatment and reintegration projects)**

- **Crime prevention**

Eligible organisations are able to seek funding of up to \$500,000 for each project. **Applications close at 5pm on Friday 20 March 2009. Applications must be post-marked on or before the closing**

Human Rights Consultations

The National Human Rights Consultation provides the opportunity for you to share your views on human rights. The Consultation is run by an independent Committee. The Committee is supported by a Secretariat in the Attorney-General's Department. The Consultation is a chance to hear people's ideas about human rights and talk about ways to protect and promote human rights in the future.

You can share your views by making a **written submission** either online or by post. You can also attend a **community roundtable discussion** happening in NSW between March and May 2009. Your views and ideas will be documented in a report to the Government. The Government will then consider the report which will help the development of future human rights policy for Australia. For more information, click here http://www.humanrightsconsultation.gov.au/www/nhrcc/nhrcc.nsf/Page/About_the_Consultation

Dates are as follows:

Broken Hill	10 March 2009	6pm - 8pm	The Whitehouse Convention Centre 168 Boughtman St.
Sydney	17 March 2009	10am - 12pm	The Smith Room, Wesley Conference Centre, 220 Pitt St.
Sydney	17 March 2009	2pm - 4pm	The Smith Room, Wesley Conference Centre
Sydney	17 March 2009	6pm - 8pm	The Smith Room, Wesley Conference Centre
Cronulla	18 March 2009	12pm - 2pm	Sharkies – Cronulla Sutherland Leagues Club Showroom 461 Captain Cook Drive
Cronulla	18 March 2009	6pm - 8pm	Sharkies - Cronulla Sutherland Leagues Club
Taree	19 March 2009	12pm - 2pm	Club Taree 121 Wingham Rd
Wollongong	19 March 2009	12pm - 2pm	WIN Sports & Entertainment Centre, Premier's Room, Function Centre

Proceeds of Crime Grant Information

Applications close 20 March 2009

Focus areas are Indigenous prisoner through care (rehabilitation, treatment and reintegration projects) and crime prevention

Senator Ursula Stephens Third Sector Updates

Of particular interest is the \$500 million for the Non Profit Sector, this is part of the government's Nation Building and Jobs Plan and will be made available to non profit organisations for implementation-ready projects that will create employment opportunities.

Mental Health and Substance Use Comorbidity: Building of 'Can Do' Program

The Australian Government Department of Health and Ageing has recently provided \$2 million to fund Divisions of General Practice to further build their capacity in the area of mental health and substance use and build on the success of the 'Can Do' initiative. Divisions can take this opportunity to build on existing activities, for example extend the delivery of 'Can Do' or other suitable comorbidity education and training, or enhance the capacity of already established mental health and substance use networks. It is anticipated that the grants will enable new and improved linkages with government and non-government organisations and services especially those with an Improved Services for People with Drug and Alcohol Problems and Mental Illness Project. This program provides a good opportunity to get in touch with your local Division of General Practice

to see if they are applying for a grant and discuss opportunities for collaboration. For more information, click [here](#).

Changes to forensic mental health legislation

Changes came into effect on 1 March 2009. Links to the relevant documents are below:

[Mental Health \(Forensic Provisions\) Act 1990 information bulletin](#)

[Amendments to the Mental Health Act 2007 information bulletin](#)

[All information materials](#) (Guide, fact sheet and information bulletins)

Port Macquarie Community Workshops

Port Macquarie-Hastings Council is conducting a series of workshops to assist non-profit organisations with the focus on project development and submission writing. New and emerging groups are also encouraged to attend. The aim of the workshops is to increase the quality of project applications that are submitted through the local grants schemes. Dates for the workshops are as follows 23 February, 10am-4pm or 17 March, 10am-4pm or 22 April, 10am-4pm or 19 May, 10am-4pm or 10 June, 10am-4pm.

These workshops are one day sessions and will be FREE to community groups. Please identify the session that best suits you. Places are limited, so please RSVP to Shona Russell on 65818 055 or shona.russell@pmhc.nsw.gov.au. All sessions will be held at the Port Macquarie-Hastings Council, corner of Lord and Burrawan Streets, Port Macquarie.

If you have any further enquiries please feel free to contact Maya Spannari, Community Development Officer, on (02) 6581 8 545 or maya.spannari@pmhc.nsw.gov.au

Art Competition for youth from Responsible Gambling Fund Branch

The competition asks teenagers aged 14 to 16 to 'draw the line on problem gambling' by creating a coaster design, using any art medium, to illustrate the impact of problem gambling on families. The artwork must be no bigger than 95mm x 95mm – the size of a drink coaster used in pubs and clubs. By entering our art competition, teenagers are eligible to win fantastic prizes, including a Touch iPod worth around \$400 and an Olympus digital SLR camera, valued at close to \$1000!

The coaster designs will be judged for their creativity in depicting the effects of problem gambling on families. Eleven regional winners will be chosen, and from them, an overall winner for NSW will see their design made into 100,000 actual coasters, distributed to venues across NSW. For more information, go to <http://www.gamblinghangover.nsw.gov.au/coaster/>.

Calendar

HEALTH PROMOTION FORUM - PEER EDUCATION IN PRACTICE

The details:

Venue: NADA Office, Level 2, 619 Elizabeth Street, Redfern

Time: 10:00am – 12:15pm (followed by a free networking lunch)

Date: Wednesday 25th March 2009

Please RSVP to Robert on robert@nada.org.au or 02 8113 1320

What is it? What is the evidence? What is currently being done in the sector?

Introduction by Kerri Lawrence, NADA President and Manager, Manly Drug Education and Counselling Centre (MDECC) The program includes:

ACON Rover Program and NSP Peer Education Volunteer Program

Ange Matheson - AIDS Council of New South Wales (ACON)

Djabaan Marrung - *Strong and Deadly*

Harry Callaghan- Ghinni Ghinni Youth and Culture Aboriginal Corporation, and

Lauren Stracey - Manly Drug Education and Counselling Centre (MDECC)

KIS (Keep It Simple) Club Project

Kristina Devlin - Manly Drug Education and Counselling Centre (MDECC)

NUAA – A Peer-Based Organisation

Sione Crawford and Susan McGuckin - New South Wales Users and AIDS Association (NUAA)

Followed by the launch of NUAA's Peer Education and Evaluation Framework

The New South Wales Users and AIDS Association (NUAA) the NSW state based drug user organisation will be launching their Peer Education and Evaluation Framework. The Framework explores the principles and core components of peer education and the way in which these principles are applied across various settings. In addition, the Framework describes the important role of evaluation and the complexities that need to be considered when evaluating peer education in practice.

One Shot resource workshops presented by Kirketon Road Centre (KRC)

The project aims to reduce the incidence of Hepatitis C in young people by preventing the transition to injecting as a mode of drug administration. The project also aims to increase knowledge of safer injecting practice, promote blood borne virus prevention and drug overdose management among new and existing injectors.

The 'One-Shot' resource consists of a DVD and Educators' Kit and is specifically designed to be used by agencies that have contact with existing injectors (existing injectors are most likely to be present/involved in the initiation of non injectors). KRC is pleased to invite health professionals, who have contact with existing injectors, to a free workshop providing support in the use of the 'One Shot' resource within various service contexts.

When: Wednesday, 25th March 2009 9.30am - 1.30pm and Thursday, 2nd April 2009 9.30am - 1.30pm

Where: Worrall Lecture Theatre - Sydney Hospital & Sydney Eye Hospital

Cost: FREE workshop with lunch provided (lunch @ 1.30pm)

Registrations and enquiries: Phil Tayler on 02 9357 1299 or philip.tayler@sesiahs.health.nsw.gov.au

Registration by: Friday, 13th March 2009

30th Anniversary and Renaming Launch for the Wollongong Crisis Centre

A great night has been planned with Angry Anderson as the after dinner speaker, the Sydney Street Choir (choir of hard knocks) and local group 'Late Set' for entertainment as well as a 3 course meal and drinks for the night. This event will be held on the evening of Friday 20 March 2009 at the Novotel Northbeach in Wollongong. If you were interested in attending, please contact Jo Khoo on jo@nada.org.au or 02 8113 1315 for a copy of the booking form.

ACOSS National Conference 2009: Building a fair Australia in tough economic times:

Thursday 2 to Friday 3 April 2009 at the Australian Technology Park Bay 8, Locomotive Workshop, Everleigh, Sydney. The Conference program and details on how to register will be available soon. For details on exhibition booth hire and satchel inserts please contact Al email a.parmeter@acoss.org.au

NADA & MHCC Conference Outside In: Community Responses to Complex and Diverse Needs

6-8 May 2009 at Dockside, Darling Harbour, Sydney. A registration flyer for the conference will be available shortly and will be sent out to all members as well as being available to download from our website.

Creating Synergy Conference: Creative ways forward in AOD & Mental Health

2 - 3 July 2009, University of Wollongong.

A pre conference workshop will hosted by Dr Scott Miller on **1 July 2009** Keynote speakers and workshop presenters confirmed include Dr. Scott Miller, Celia Lashlie, Dr Alex Wodak, Peter Slattery, Professor Sandra Jones, Professor Anthony Shakeshaft and Dr. Trevor Crowe. Presently we are calling for abstracts and accepting registrations, for further details visit the [website](#) or contact Peter Vrahas (02) 4221 8173.

ATCA 2009 Annual Conference & Workshops

TCs: Getting Better All the Time – Partnerships, Practice & Collaboration

14 - 19 September 2009 Rydges Hotel, Capital Hill, Canberra

Call for Abstracts is currently open. Information <http://www.atca.com.au/home.htm>

National Youth Tobacco Free Day - 27th March 2009

National Youth Tobacco Free Day is an annual event coordinated by the Australian Network on Young People and Tobacco (ANYPAT), targeting young people aged 10 to 25 years in Australia. In 2009, National Youth Tobacco Free Day aims to increase the awareness of plain packaging of tobacco products among young people in Australia. In doing so, young people will be encouraged to show their support for introducing plain packaging of tobacco products in Australia, in an effort to put an end to this very powerful form of tobacco product advertising.

ANYPAT is a national network of health and education professionals committed to working together to prevent the uptake of smoking among young people in Australia. ANYPAT includes representatives from The Cancer Council (ACT and QLD), National Heart Foundation (WA), Quit (South Australia, Tasmania and Victoria), Cancer Institute NSW, NSW Department of Education and Training, Drug and Alcohol Services South Australia, Health Sponsorship Council (New Zealand), Department of Health and Community Services (Northern Territory) and the Commonwealth Department of Health and Ageing. Address: <http://www.oxygen.org.au/nytfd/>

[The 10th International Mental Health Conference: Advancing with Knowledge](#)

Wednesday 12 to Friday 14 August 2009

Holiday Inn, Surfers Paradise.

In 2009 the conference will review the accumulated knowledge and clinical wisdom over the past 10 years for the High Prevalence Disorders - anxiety conditions, mood disorders and substance abuse, and will focus on how this knowledge will inform practice in the next five years.

Free Training Course in Wagga Wagga

Keeping children & young people safe: The complexities of working with substance using parents

12-14 May 2009 In their work with child protection issues, D&A services need to manage the complexity of the intersections between substance use, child abuse & neglect & their legislative and policy requirements. Recent reports by the Ombudsman on Reviewable Deaths outline the need to support D&A workers' capacity to respond more appropriately to the risks faced by children of substance using parents in relation to their D&A use & the increased risk of neglect, physical abuse & exposure to domestic violence.

This 3-day workshop will explore child protection issues, with particular emphasis on child protection in the context of domestic violence. The training will invite workers to build on their existing knowledge to better meet the needs of those clients who are parents. It will propose ways of working that fit child protection concerns alongside those of the parents, rather than an 'either/or' dichotomy. The course will address pre natal reporting, parental responsibility contracts (PRCs) & drug testing, the intersection of domestic violence, neglect & parental substance use, engagement strategies where there are child protection concerns & the development of effective intra & inter agency networks and partnerships.

The training will also include a unit of competency from the national Community Services Training Package CHCCHILD 1C Identify and Respond to Children and Young People at Risk of Harm, for which workers can be assessed to receive a Statement of Attainment.

This course is an initiative of the Mental Health & Drug & Alcohol Office, NSW Health. Training will be provided in every Area Health Service across NSW over the next two years

Contact for further information and to Register is

Sue Willmott (02) 9840 3881 sue.willmott@swahs.health.nsw.gov.au

Advocacy and Policy

The latest updates are available from our web site [here](#).

Media

NADA Advocate: The latest NADA Advocate (edition #1 2009) is now available from the NADA web [site here](#).

Project Updates

Resources

A new Workforce Development resource from NCETA !!! EFFECTIVE DISSEMINATION -
A 3 part package on dissemination and implementation strategies in the AOD field
Petra Bywood, Belinda Lunnay, Hiroe Terao, Ann M Roche

NCETA has recently released a comprehensive package of three publications, plus a CD containing 70 ppt slides, that addresses Effective Dissemination in the AOD field. Evidence based dissemination strategies are fundamental building blocks of effective workforce development (WFD). This resource provides the necessary research basis to assist selection and implementation of appropriate strategies to achieve professional behaviour change.

The package also provides an excellent resource as a teaching tool. The CD ROM is fully annotated and contains a list of helpful references and can be readily used for teaching purposes. In addition, Part 3 of the package which examines in one concise volume 20 key theories and models relevant to professional practice change will also be a useful teaching tool and a user-friendly student resource.

The 3 parts of the package are:

Pt 1. A Systematic Review of Implementation Strategies for the AOD Field

This systematic review examined 110 studies (including 25 existing systematic reviews) to assess the effectiveness of 16 dissemination and implementation strategies, and from which the 4 more effective strategies were identified.

Pt 2. An Examination of the Costs of Implementation Strategies for the AOD Field

This review examines the costs of implementing innovations and the implications of using various dissemination strategies in the AOD field.

Pt 3. An Examination of Theories and Models of Change for Research Dissemination in the AOD Field

The review examines 20 key theories and models of relevant to professional practice change that underpin different dissemination strategies.

For a complimentary copy of this unique kit please contact NCETA on 08 8201 7535, or on nceta@flinders.edu.au.

The full contents of the kit are also available on the NCETA website www.nceta.flinders.edu.au

We would be interested in your feedback on this resource, and also hearing your views about other ways you think NCETA might be able to assist the AOD field implement evidence based practice.

Treatment Improvement Protocol (TIP) 42 from Substance Abuse and Mental Health Services Administration (SAMHSA) In the US identifies key elements of programming for co-occurring disorders in substance abuse treatment agencies. Includes information on definitions, assessment, strategies for working with this client group, categories of mental health and drug and alcohol issues. Whilst this is an American resources with specific information on local legislation and support, the broader information is universal.

2009 Australian Guidelines to Reduce Health Risks from Drinking Alcohol

Australian Guidelines for the Treatment of Adults with Acute Stress Disorder and Posttraumatic Stress Disorder
www.nhmrc.gov.au/publications/synopses/mh13syn.htm

Thorough and evidence based guidelines that provide a framework for suitably qualified practitioners to treat ASD and PTSD. There are several resources available related to these new guidelines, including a Practitioner Guide and Information for those with ASD and PTSD. www.nhmrc.gov.au

[Research Report Series - Comorbidity: Addiction and Other Mental Illnesses](#)

The National Institute on Drug Abuse (USA) has put together a research report on the state of the science in this area of comorbidity, please follow this link.

Positions Vacant

View vacant positions in the sector on our website www.nada.org.au
