



**NON GOVERNMENT ORGANISATION  
MENTAL HEALTH AND DRUG AND ALCOHOL  
FAMILY AND CARER PROGRAM 2010**

**SINGLE SESSION WORK WITH FAMILIES TRAINING PROGRAM**

***INFORMATION FOR APPLICANTS***

**Applications for EOI close  
5pm Friday 12<sup>th</sup> March 2010**

## INFORMATION FOR APPLICANTS

### 1. BACKGROUND

#### 1.1 NSW Mental Health Funding

The Non Government Organisation Mental Health and Drug and Alcohol Family and Carer Program is an initiative funded by NSW Department of Health. In June 2006, the NSW Government committed \$939 million over five years to improve mental health services under the banner of *A New Direction in Mental Health*. Of this funding, \$17.6 million over 5 years is for a 'comorbidity' package to better integrate mental health and drug and alcohol services to treat people with both mental illness and substance use disorders.

#### 1.2 Family Inclusive Practice Development Project

**1.2.1** The primary objective of the Non Government Organisation Mental Health and Drug and Alcohol Family and Carer Program is to improve the support offered to the family and carers of clients with mental illness that are accessing non government drug and alcohol services.

One component of the broader Program is the Single Session Work (SSW) with Families Training Program. The SSW with Families Training Program is a partnership project between the Network of Alcohol and Other Drug Agencies (NADA) and the Bouverie Centre, Family Institute, La Trobe University. NADA members are offered the opportunity to undergo frontline training in Single Session Work (SSW) with a family focus, with ongoing supervision via Cooperative Inquiry Groups (CIGs) to support the implementation and sustainability of the training into organisational practices.

We anticipate that the knowledge and insights gained by successful applicants will stimulate and support the implementation of SSW skills within organisations and work towards building awareness about working with families and carers in the wider drug and alcohol sector.

#### 1.2.2 The Beacon Project, Victoria

The Beacon Project, Victoria is an initiative rolled out by The Bouverie Centre, La Trobe University to support the drug and alcohol sector in Victoria to implement purposeful family inclusive practices. It is funded by the Department of Human Services, Victoria as a strategy for workforce development.

The project is being conducted within a Participatory Action Research framework, to gather the rich learning that emerges, and to support evolving practice wisdoms to be shared between practitioners, managers, and across organisations. The learning's from The Beacon Project have provided a framework for the NADA SSW with Families Training Program.

#### 1.2.3 Project Overview

The SSW Training Program will take place over ten months. The activities within the ten months are outlined below.

- Completion of a **two-day** training course. For best outcomes it is suggested that a minimum of a third of your team attend the two day workshop (eg. A Team of 10 should send 3-4 staff members)
- Implementation of the learned skills into organisational practice. This will be supported by an organisational plan that incorporates some of the suggestions outlined in the SSW Implementation Parcel which will be provided to each organisation, to enable staff to use SSW with families; and
- Regular supervision for workers to discuss the clinical aspects of SSW. Ten monthly Supervision sessions with The Bouverie Centre and NADA will occur through Cooperative Inquiry Groups (CIGs). Two members of staff should attend the CIGs which will comprise of staff from 2-3 successful organisations.

The CIGs will give participants the opportunity to network with other organisations, discuss the experiences, challenges and successes of implementing SSW and Family work, an

- Follow up training will be offered as required, where a need has been identified by participants.

For more information on Single Session Work with Families please refer to the information sheet attached at Appendix A. For further information please contact **Ciara Donaghy**, Project Officer on **02 8113 1306** or [Ciara@nada.org.au](mailto:Ciara@nada.org.au).

## **2. ELIGIBILITY CRITERIA**

### **2.1 Eligibility to apply**

Only existing, incorporated, not-for-profit drug and alcohol service delivery organisations based in NSW or providing services to residents of NSW that are current members of NADA may apply to participate in this project. Priority will also be given to NSW Health funded organisations.

### **2.2 Ineligibility to apply**

Individuals, for-profit, Local, State and Territory, and Commonwealth Government agencies are ineligible to apply.

Existing, incorporated, not-for-profit agencies that cannot demonstrate that their organisation and/or service primarily provides drug and alcohol service delivery will not be considered.

### **2.3 Declaration of Organisational Agreement to participate in Implementation Project**

All successful applicants must enter into an Agreement with NADA and The Bouverie Centre prior to commencing the project (*See attached Expression Of Interest Application forms*).

## **3. SCREENING AND SELECTION PROCESS**

### **3.1 Selection panel**

A selection panel will screen all applications to determine successful participants. The selection panel will include representative/s from NADA. The Bouverie Centre, Mental Health and an independent person.

Once the selection panel has determined a short list of applicants, interviews will be scheduled with the preferred organisational contact.

### 3.2 Confidentiality

All applications submitted will be treated in confidence.

Details regarding successful applications may be made publicly available through the NADA network.

### 3.4 Important Dates

EOI Advertised	February 2010
Applications due	Friday 12 <sup>th</sup> March 2010
Interviews Scheduled with shortlisted applicants	16 <sup>th</sup> – 19 <sup>th</sup> March 2010
Single Session Work with Families Training (venues to be advised)	25 <sup>th</sup> & 26 <sup>th</sup> May 3 <sup>rd</sup> & 4 <sup>th</sup> June
Cooperative Inquiry Groups	TBA

## 4. EOI APPLICATION DETAILS

### 4.1 Application closing dates

Applications close **5pm Friday 12<sup>th</sup> March 2010**

### 4.2 Late Applications

The selection panel will not accept applications after the advertised closing date.

### 4.3 Application conditions

Please note the following:

- Applicants must submit **one hard copy and/ or one electronic copy (via email)** of the application.

- Applicants will receive acknowledgement that their application has been received. If applicants do not receive acknowledgement it is advised that they contact NADA before the closing dates.
- NADA will notify all applicants about the outcome of the selection process.

#### **4.4 Where to send applications**

Hard copies of applications with any attachments and signatures must be sent to:

NGO Family and Carer Program  
NADA  
PO Box 2345  
STRAWBERRY HILLS NSW 2012

Fax: 02 9690 0727 – if submitting via fax please call to confirm receipt of application.

Electronic copies of applications can be sent to: [ciara@nada.org.au](mailto:ciara@nada.org.au)

#### **4.5 Who to contact for more information**

Further information about the Family and Carer Grants Program may be obtained from NADA.

In the first instance contact:      Ciara Donaghy, Project Officer  
Ph. 02 8113 1306  
M. 0466 223 528  
[ciara@nada.org.au](mailto:ciara@nada.org.au)

Alternatively, contact:                Robert Stirling, Project Manager  
Ph. 02 8113 1320  
M. 0421647099  
[robert@nada.org.au](mailto:robert@nada.org.au)