[Insert organisation name/logo]

# STANDARD HEALTHY EATING

***🖌Note\****

*This poster has been adapted from the Australian Guide to Healthy Eating developed by the Department of Health and Ageing. For more information refer to* [*http://www.eatforhealth.gov.au/*](http://www.eatforhealth.gov.au/)

*\*Please delete note before finalising this document.*

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