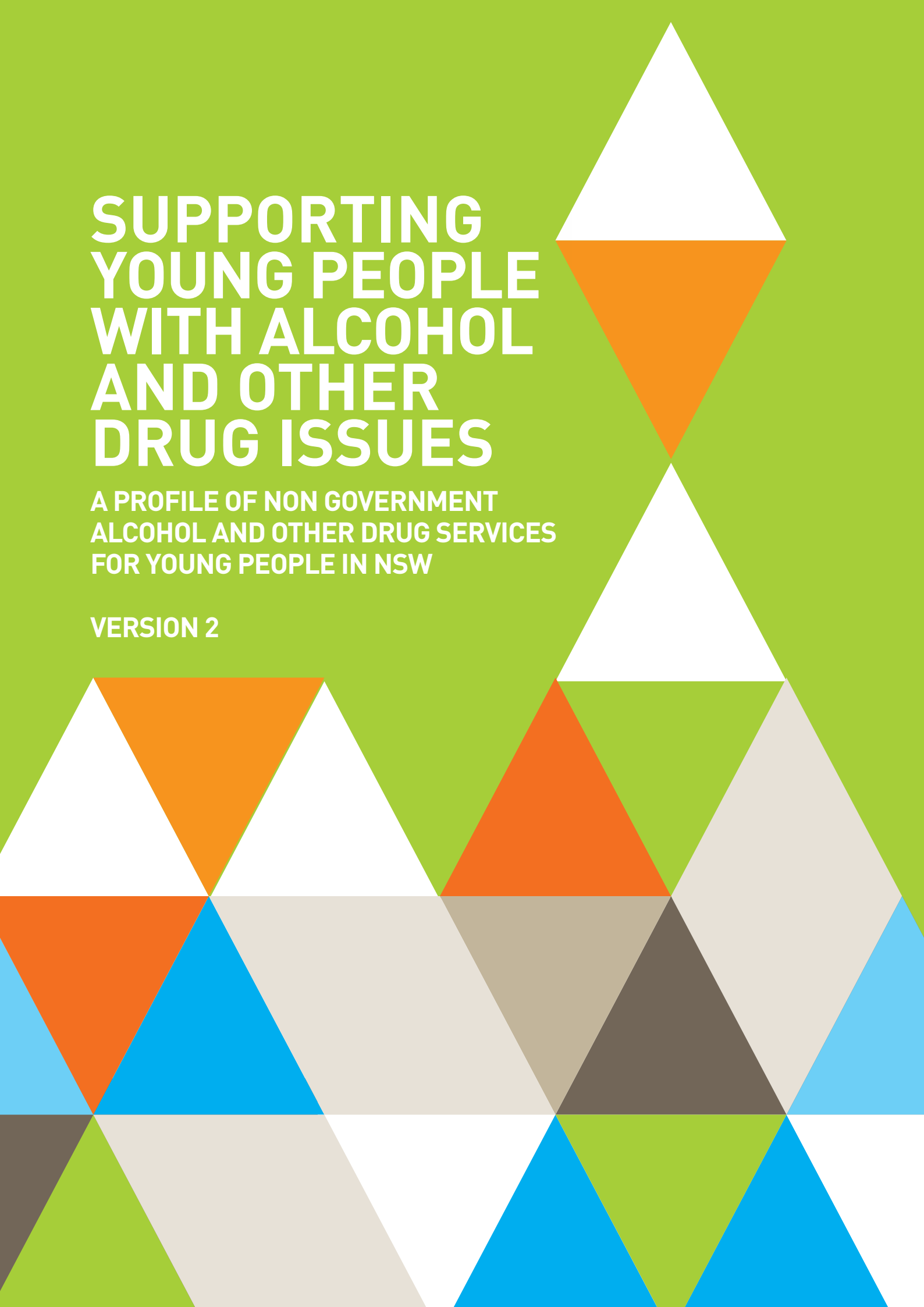
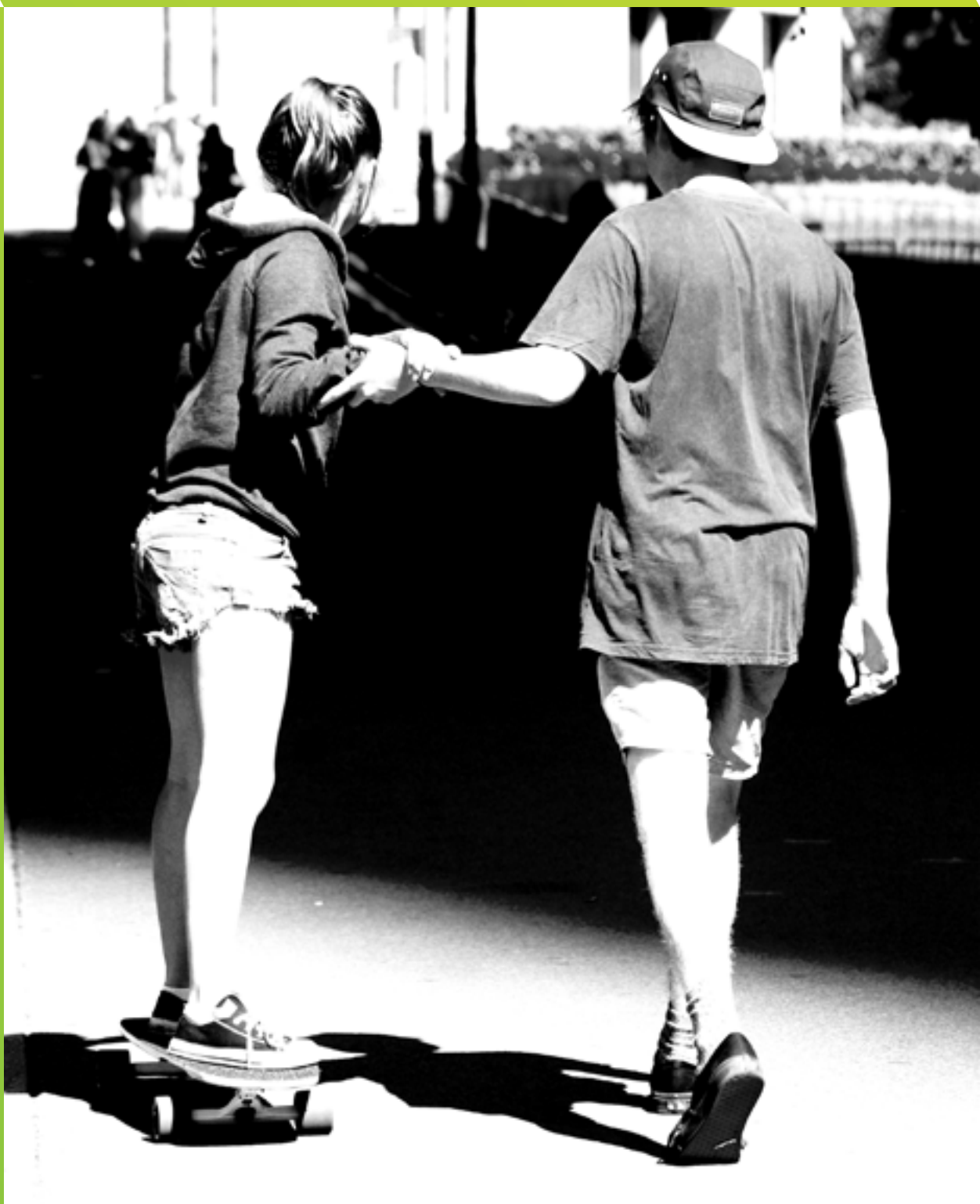


# SUPPORTING YOUNG PEOPLE WITH ALCOHOL AND OTHER DRUG ISSUES

A PROFILE OF NON GOVERNMENT  
ALCOHOL AND OTHER DRUG SERVICES  
FOR YOUNG PEOPLE IN NSW

VERSION 2





SUPPORTING YOUNG PEOPLE WITH ALCOHOL AND OTHER DRUG ISSUES

# INTRODUCTION

## ABOUT THE RESOURCE

This resource provides an overview of the specialist non government youth services providing alcohol and other drug (AOD) services in NSW who are members of the Youth AOD Services Network.

One strategy of the Network is better promote the work of youth AOD services to young people and their families, service providers and the broader community. For a detailed referral directory of youth services visit the NADA website [www.nada.org.au/nada-focus-areas/youth](http://www.nada.org.au/nada-focus-areas/youth).

Please note: The information in this resource is up to date as of September 2017. For more detailed information about the organisations profiled in this resource contact service providers directly.

## YOUNG PEOPLE AND ALCOHOL AND OTHER DRUG USE

Young people who access alcohol and other drug treatment are a diverse, vulnerable and complex population. The *Health of Children and Young People in NSW Report*<sup>1</sup> indicates that for those young people experiencing problems with alcohol use rates of emergency department visits have remained high for 15-24 year olds. More specifically alcohol-attributable hospitalisations are highest among young males, young aboriginal people and young people living in more remote and lower socioeconomic status areas.

*The NSW Health Report*<sup>2</sup> also identifies that rates of emergency department visits for drug overdose were highest among young people aged 15-24 years and have risen among females aged 15-19 years (from 384 per 100,000 in 2011 to 558 per 100,000 females in 2013).

The need for specialist AOD services for young people experiencing alcohol and other drug use issues is supported by these reports and recent statistics that indicate that approximately 41% of AOD treatment episodes in Australia are for young people aged between 10-29 years. In NSW, over a third of all AOD treatment episodes provided by the NGO sector were for young people aged between 10-29 years.<sup>3</sup>

1. Health of Children and Young People in NSW Report of the Chief Health Officer 2014, NSW Health

2. Ibid

3. AIHW 2014. Alcohol and other drug treatment services in Australia 2012-13. Drug treatment series no. 24. Cat. no. HSE 150. Canberra: AIHW. Viewed 29 September 2014 <http://www.aihw.gov.au/publication-detail/?id=60129548206>

# THE NETWORK



A number of specialist AOD services and programs have been established to provide appropriate youth focused responses and treatment options for those young people experiencing issues with alcohol and other drug use. These services are diverse in their nature and embrace different views and approaches to target health and social factors that contribute to young people's alcohol and drug use.

The primary reason for almost half of the young people aged between 10-19 years seeking AOD treatment and/or services was alcohol (44.5%), followed by cannabis (33.2%) and meth/amphetamine (11.6%). In comparison, cannabis (28%) is the most frequently reported reason for seeking treatment for 20-29 year olds followed by meth/amphetamine (26.1%) and alcohol (25.3%).

The majority of current services and treatments provided for 10-19 year olds include support, case management, counselling, information and education sessions. In comparison the main treatment for 20-29 year olds included residential rehabilitation, inpatient withdrawal as well as support and case management .

## ABOUT THE NETWORK

The Youth AOD Services Network comprises 15 specialist youth services providing AOD services to young people across regional and metropolitan NSW. They work together to improve outcomes for young people seeking and accessing drug and alcohol services, support and treatment in NSW.

The Network work together to enhance service provision, develop partnerships and improve referrals by increasing awareness of treatment options, sharing knowledge and resources. They also provide comment on policy and resources related to AOD treatment of young people and participating in capacity building activities together.

The Network was established in 2013 with the support of the NADA Sector Capacity Building Program funded through the Department of Health Substance Misuse Services Delivery Grant Fund in 2012 which aims to improve the capacity of non government drug and alcohol services to identify and respond to clients with drug and alcohol, mental health and other complex health and social issues. The Network compliments NADA's broader aims to reduce alcohol and drug related harm to individuals, families and the community.

## THE NETWORK MEMBERSHIP

This resource provides a brief profile of each of the 15 network members, a list of the members and a map of where each organisation is located across NSW.

The network membership illustrates the diversity of service types and approaches that exist, specifically for young people. They include:

- » Youth focused prevention, harm reduction and health promotion initiatives
- » General counselling services and case management
- » Structured day programs and rehabilitation services
- » Residential programs providing more intensive support
- » Continuing / after-care programs which support young people to integrate back into the community after residential programs or following other intensive interventions.

The membership of the network is not indicative of the complete range of services provided to young people in NSW to address substance use issues, but is representative of those specialist services for young people that are members of NADA.

## NETWORK ACHIEVEMENTS

Since 2013, the Youth AOD Services Network have successfully:

- » Developed a Youth AOD Service Directory that contains useful information such as target group, service type, referral and assessment processes, hours of operation and other practical service details
- » Provided AOD staff with capacity building training, information, education and advice sessions on:
  - social media and services
  - legal issues affecting young people
  - engaging with headspace
  - youth mental health and substance use
  - suicide prevention and intervention skills
  - resilience building for young people
  - psychopharmacology
- » Coordinated site visits to network members sites thereby improving understanding of different service models as well as building relationships with individual staff members
- » Contributed to statewide policy such as the NSW Substance Use and Young People Framework
- » Coordinated and disseminated information on training opportunities and resources of interest to network members
- » Contributed to the NADA Forum on Emerging Psychoactive Substances.

## FURTHER INFORMATION

For further information about the Youth AOD Services Network contact:

**E:** [info@nada.org.au](mailto:info@nada.org.au)

**W:** [www.nada.org.au](http://www.nada.org.au)

# NETWORK MEMBERS

MAP REF	NAME OF SERVICE	SERVICE LOCATION	GEOGRAPHICAL AREAS COVERED BY THE SERVICE	CONTACT DETAILS	PAGE No
<b>A</b>	<b>Creative Youth Initiatives</b> Mission Australia	Surry Hills, NSW 2010	Surry Hills, Sydney Metropolitan	(02) 9356 8897	6
<b>B</b>	<b>Drug and Alcohol Youth Support Services (DAYSS)</b> CatholicCare Diocese of Broken Bay	Northern Beaches, NSW	Northern Beaches	(02) 8425 8700	7
<b>C</b>	<b>Dunlea Alcohol and other Drug Youth Service</b> Youth off the Streets	Merrylands, NSW 2160	Merrylands, Sydney Metropolitan	(02) 9721 5700	8
<b>D</b>	<b>Evolution Youth Service</b> Coast Community Connections	Woy Woy, NSW 2256	Gosford, Central Coast	(02) 4342 7640	9
<b>E</b>	<b>Follow-On Youth Recovery Support Team (FYRST)</b> Salvation Army	Fairfield, NSW 2165 Parramatta, NSW 2150	Parramatta, Holroyd, Blacktown, Auburn Hills district, Fairfield, Liverpool LGAs	Fairfield (02) 9725 7779 Parramatta (02) 9687 3499	10
<b>F</b>	<b>headfyrst</b> Salvation Army	Liverpool Campbelltown Bankstown Parramatta Mt Druitt Castle Hill	Liverpool, Campbelltown, Bankstown, Parramatta, Mt Druitt, Castle Hill	Liverpool (02) 8785 3200 Campbelltown (02) 4627 9089 Bankstown (02) 9393 9669 Parramatta 1300 737 616 Mt Druitt (02) 8881 2500 Castle Hill (02) 8820 9995	11
<b>G</b>	<b>Holyoake</b> CatholicCare Sydney	Lewisham, NSW 2049	Sydney and state-wide	(02) 9509 1255	12
<b>H</b>	<b>Junaa Buwa!, Centre for Youth Well-Being</b> Mission Australia	Coffs Harbour, NSW 2450	Coffs Harbour, Australia-wide and international	(02) 6651 3418	13
<b>I</b>	<b>Mac River Rehabilitation Centre</b> Mission Australia	Dubbo, NSW 2830	Dubbo, Australia-wide and international	(02) 6887 3143	14
<b>J</b>	<b>Oasis Youth Support Network</b> Salvation Army	Surry Hills, NSW 2010	Surry Hills and state-wide	(02) 9331 2266	15
<b>K</b>	<b>Program for Adolescent Life Management (PALM)</b> <b>Continuing Adolescent Life Management (CALM)</b> <b>Street University</b> Noffs Foundation	Randwick, NSW 2031 Mt. Druitt, NSW 2770 Hawkesbury NSW 2753 Western Sydney NSW Liverpool, NSW 2170 Watson, ACT 2602	Randwick, Mt Druitt, Hawkesbury, Western Sydney, Liverpool and Canberra Australia-Wide	PALM (02) 9305 6235 CALM (02) 9305 6658 Street University Mt. Druitt (02) 8886 2800 Hawkesbury (02) 88862800 Western Sydney (02) 88862800 Liverpool (02) 8785 8000 ACT (02) 6123 2400	16
<b>L</b>	<b>Ready Project</b> St. George Youth Services	Brighton-le-sands, NSW 2216	St George LGA, Hurstville, Rockdale and Kogarah	(02) 9556 1769	17
<b>M</b>	<b>South West Youth Services</b> Mission Australia	Campbelltown, NSW 2560	Macarthur, Campbelltown, Camden and Wollondilly	(02) 4621 7400	18
<b>N</b>	<b>Sydney Drug Education &amp; Counselling Centre</b>	Manly, NSW 2095	Manly, Mosman, Warringah and Pittwater	(02) 9977 0711	19
<b>O</b>	<b>Triple Care Farm</b> Mission Australia	Robertson, NSW 2577	Robertson Australia-wide and international	(02) 4860 7403	20

# SERVICE LOCATIONS

MAP REF	NAME OF SERVICE	SERVICE LOCATION	GEOGRAPHICAL AREAS COVERED BY THE SERVICE	CONTACT DETAILS	PAGE No
P	WAYS Youth & Family	North Bondi, NSW 2026	Bondi Junction, Eastern and Southern Sydney	(02) 9365 2500	21
Q	Weave Youth and Community Services	Waterloo, NSW 2017	Redfern, Waterloo and State-wide	(02) 9318 0539	22
R	Wesley Mission	Newcastle, NSW 2302	Newcastle and Lower Hunter regions	(02) 4915 3628	23
S	Youth Solutions	Campbelltown, NSW 2560	Macarthur and Wingecarribee areas	(02) 4628 2319	24



## REGIONAL NSW



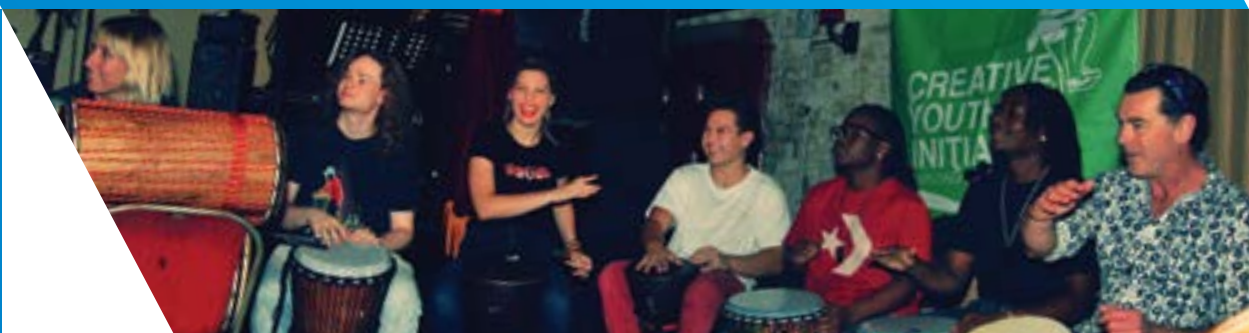
## SYDNEY METROPOLITAN AND CENTRAL COAST

- A Creative Youth Initiatives, Mission Australia**  
Surry Hills
- B DAYSS**  
Northern Beaches
- C Dunlea Alcohol and Other Drug Youth Service, Youth off the Streets**  
Merrylands
- D Evolution Youth Service, Coast Community Connections**  
Woy Woy
- E Follow-On Youth Recovery Support Team (FYRST), The Salvation Army**  
Liverpool, Parramatta
- F headfyrst, The Salvation Army**  
Liverpool, Campbelltown, Bankstown, Parramatta, Mt Druitt, Castle Hill
- G Holyoake, CatholicCare**  
Sydney
- H Junaa Buwal, Centre for Youth Well-Being, Mission Australia**  
Coffs Harbour
- I Mac River Rehabilitation Centre, Mission Australia**  
Dubbo
- J Oasis Youth Support Network, Salvation Army**  
Surry Hills
- K PALM, CALM, Street University, Noffs Foundation**  
Randwick, Mt. Druitt, Liverpool, Watson
- L Ready Project, St. George Youth Services**  
Brighton-Le-Sands
- M South West Youth Services, Mission Australia**  
Campbelltown
- N Sydney Drug Education & Counselling Centre (SDECC)**  
Manly
- O Triple Care Farm, Mission Australia**  
Robertson
- P WAYS Youth & Family**  
Bondi
- Q Weave Youth and Community Services**  
Waterloo
- R Wesley Mission**  
Newcastle
- S Youth Solutions**  
Campbelltown



# CREATIVE YOUTH INITIATIVE

MISSION AUSTRALIA



## OUR CLIENTS

Young people aged 16-25 years who may be experiencing homelessness, mental health concerns, barriers to education and social isolation.

## OUR SERVICES

- We offer two semesters per year with intake occurring in February and July
- Sounds of the Street music program (3 days per week for 20 weeks)
- Artworks! creative arts program (3 days per week for 20 weeks)
- Support from a Student Support Coordinator with housing, educational and personal goals and linkages and referrals to other services.

***"The teachers and staff were incredibly patient, supportive and professional"***

Client, 2014

## SOME SERVICE HIGHLIGHTS

Each year, Artworks! students at CYI have the opportunity to display their art works at the end of year art exhibition.

Sounds of the Street students have the opportunity to perform at the yearly CD launch and perform songs that they have worked on during their time at CYI.

Young people who access CYI are given the opportunity to express themselves creatively as well as gain access to support services.

## CONTACT US

**Creative Youth Initiative (CYI)**

19 Denham Street, Surry Hills, NSW 2010

**T** 02 9356 8897

**E** [cyi@missionaustralia.com.au](mailto:cyi@missionaustralia.com.au)

**W** [www.missionaustralia.com.au](http://www.missionaustralia.com.au)



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# DRUG AND ALCOHOL YOUTH SUPPORT SERVICES (DAYSS)

CATHOLICCARE DIOCESE OF BROKEN BAY



## OUR CLIENTS

DAYSS is a holistic program that works with young people 12-18 years old, their parents and families. We provide support, education, and early intervention to assist them in making positive choices and reducing risks associated with drug and alcohol use. We use a harm reduction model to promote better connections. We service the Northern Beaches.

## OUR SERVICES

Our Services include:

- Practical support
- Peer to peer mentoring for youth and their families with a dedicated youth and family worker
- Psychoeducational groups for parents and young people 12-18 years old run in the local community and at schools
- Groups that are tailored to specific needs, including content and time frames
- Outreach for young people, parents, and families, in schools, the community and at their home.
- We work collaboratively with services to provide comprehensive support.

## SOME SERVICE HIGHLIGHTS

- Providing AOD psychoeducational groups and outreach work, including parents groups, diversional programs and community engagement.
- Working on the Anger and Violence in the Teenage Years project and the RAGE initiative through the Northern Beaches Youth Interagency.
- Continued positive results in working with young people and their families in reducing their AOD use.

## CONTACT US

### DAYSS

Northern Beaches

**W** [www.coastcommunityconnections.com.au](http://www.coastcommunityconnections.com.au)

**T** 02 8425 8700

0457 791 099

0429 150 511

**E** [DAYSS@dbb.org.au](mailto:DAYSS@dbb.org.au)

**W** [www.catholiccaredbb.org.au](http://www.catholiccaredbb.org.au)



# DUNLEA ALCOHOL AND OTHER DRUG YOUTH SERVICE

## YOUTH OFF THE STREETS



### OUR CLIENTS

The service caters for any young person between the age of 13-19 years who would like to seek help to change their levels and patterns of drug use.

### OUR SERVICES

- Casework
- Counselling
- Group work
- Family work
- Family talk program
- Life skills
- Art groups
- Weekly excursions
- After care

### SOME SERVICE HIGHLIGHTS

- The Dunlea Alcohol and Other Drug Youth Service is very unique. It's the only non abstinence, non residential, day program available to young people in NSW.
- We provide treatment for problematic alcohol and drug use for young people with different patterns of misuse. As well as supporting families who may be struggling with the issues related to the young person's substance use.
- Dunlea is an accredited service through the Australian Council of Health Care Standards and is funded by the Commonwealth Department of Health.

### CONTACT US

**Dunlea Alcohol and Other Drug Youth Service**

**T** 02 9721 5750

**E** [Dunlea@youthoffthestreets.com.au](mailto:Dunlea@youthoffthestreets.com.au)

**W** [www.youthoffthestreets.com.au](http://www.youthoffthestreets.com.au)



# EVOLUTION YOUTH SERVICE

COAST COMMUNITY CONNECTIONS



## OUR CLIENTS

Evolution Youth Service provides services to 12-17 year olds and families of those young people.

## OUR SERVICES

Our Services include:

- Drug and alcohol information
- Counselling
- Group work (Anxiety, Quit Smoking, Drumbeat, RAGE, Drug and Alcohol)
- Brief interventions
- Information/community days
- Payment of state debt fines by having counselling

Our service is committed to assisting young people to:

- Remain engaged with education or employment
- Stay connected with their families
- Gain knowledge and skills to make positive life choices
- Support them to achieve their goals

We are committed to assisting parents and carers to:

- Know about community services and resources available for families
- Have improved relationships with their child or children.

## SOME SERVICE HIGHLIGHTS

- Sexual health day a local school
- Flexibility in delivering group work to suit young people/s needs
- Helping community members pay off debt as a Work and Development Order (WDO) provider
- Community Drug Action Team (CDAT) campaign focusing on psychoactive substances (synthetic drugs)
- Drumbeat group work engaging young people

## CONTACT US

### Evolution Youth Service

2 Ross St, Woy Woy, NSW, 2256

**T** 02 4342 7640

**E** [leni.conway@coastcommunityconnections.com.au](mailto:leni.conway@coastcommunityconnections.com.au)

**W** [www.coastcommunityconnections.com.au](http://www.coastcommunityconnections.com.au)



# FOLLOW-ON YOUTH RECOVERY SUPPORT TEAM

SALVATION ARMY



## OUR CLIENTS

FYRST is a support service for young people between the ages of 16-25 who would like to address their drug and alcohol issues, in a community setting.

FYRST also offers support to those who are exiting, or have completed detox, rehab, or are leaving detention. It provides a mobile support team that can visit at clients at their homes, meet at a café or pick up a client from local transport. We are a free service that offers flexible and individual support within a case management model. We have two offices; FYRST Fairfield and FYRST Parramatta.

## OUR SERVICES

- Case management
- Drug and alcohol counselling
- Relapse prevention
- Crisis intervention
- Anger management
- Practical assistance
- Brokerage
- Social Activity Program
- Positive Lifestyle Program 4 Youth
- Workshops on alcohol and other drugs, anger management and consequences of crime

## SOME SERVICE HIGHLIGHTS

FYRST promotes healthy lifestyles and social inclusion to clients by offering activity days, such as: High Ropes Course, Laser Tag, Girls and Boys Groups, BBQ's.

Young People:

***"Sharon at FYRST Parramatta helped me overcome my pot addiction. I can now get on with my life drug free"***

## CONTACT US

**Follow-On Youth Recovery Support Team (FYRST)**

Salvation Army  
Liverpool NSW 2170

**T** 02 8785 3200

**F** 02 8568 7932

FYRST Parramatta

**T** 02 9687 3499

### Postal Address

PO Box 324  
Doonside NSW 2767

**W** [www.salvos.org.au/youthlink/fyrst](http://www.salvos.org.au/youthlink/fyrst)





# HEADFYST

## SALVATION ARMY



### OUR CLIENTS

headfyrst provides specialised Alcohol and Other Drugs (AOD) / Mental Health (MH) Counselling Services to young people aged between 12 and 25 years.

### OUR SERVICES

- The Salvation Army Youthlink and selected headspace youth mental health centres are working collaboratively to provide the headfyrst service. This is an innovative and streamlined service for young people experiencing co-existing AOD and mental health issues. This service aims to be accessible and responsive to the needs of young people.
- headfyrst also works in collaboration with other organisations including mental health teams and early intervention and recovery services.
- headfyrst offers a safe, confidential, client centred program which encourages open communication between young people and their clinician
- The program also offers a SMART Recovery Group (Self Management and Recovery Training) which is an addiction recovery self-help group for young people.
- As part of the holistic approach to recovery, where appropriate, families and carers are involved. Clinicians focus on improving family relationships to assist young people in their recovery and involves assistance such as mediation and family counselling.

### SOME SERVICE HIGHLIGHTS

Headfyrst operates in the following headspace Centres: Liverpool, Campbelltown, Bankstown, Parramatta, Mt Druitt and Castle Hill.

This is a brand new, innovative program, aimed at breaking the barrier of comorbid presentations.

Referrals for this service go through your closest headspace Centre.

### CONTACT US

#### Headfyrst

Salvation Army  
2C West St, Lewisham, NSW, 2049

**T** Liverpool: 8785 3200  
Campbelltown: 4627 9089  
Bankstown: 9393 9669  
Parramatta: 1300 737 616  
Mt Druitt: 8881 2500  
Castle Hill: 8820 9995

**E** [headfyrstwest@aue.salvationarmy.org](mailto:headfyrstwest@aue.salvationarmy.org)  
[headfyrstsouth@aue.salvationarmy.org](mailto:headfyrstsouth@aue.salvationarmy.org)

**W** [www.salvos.org.au/youthlink/headfyrst](http://www.salvos.org.au/youthlink/headfyrst)



# HOLYOAKE

CATHOLICCARE SYDNEY



## OUR CLIENTS

We work with young people aged 12-18 years who are curious about, or experiencing issues related to their alcohol and/or drug use. Where appropriate we can also support parents of young people.

## OUR SERVICES

- Individual counselling and psychoeducation around AOD issues
- Pathways Group Program which explores AOD use with young people
- AOD workshops
- Support for parents and families of young people
- Group program for young people living in a family experiencing issues related to someone's AOD use
- DrumBeat group program

## SOME SERVICE HIGHLIGHTS

- Ability to provide outreach services in schools, youth centres and other community venues
- Use of creative, interactive and fun techniques
- Referral pathways with other CatholicCare programs supporting young people (such as accommodation, education)
- Ability to work with all family members where appropriate

## CONTACT US

### **Holyoake**

CatholicCare Sydney  
2C West St, Lewisham, NSW, 2049

**T** 02 9509 1255

**E** [holyoake@catholiccare.org](mailto:holyoake@catholiccare.org)

**W** [www.catholiccare.org](http://www.catholiccare.org)





# JUNAA BUWA!

CENTRE FOR YOUTH WELL-BEING  
MISSION AUSTRALIA



## OUR CLIENTS

In local Gumbaynggirr language Junaa Buwa! means “to declare a new beginning”. Clients that make the journey to the Mid North Coast to attend Junaa Buwa! are aged between 13-18 while currently engaged with the Department of Juvenile Justice. Junaa Buwa! staff and partnered organisations provide a safe place to change and learn new skills.

## OUR SERVICES

Junaa Buwa! provides holistic residential rehabilitation for up to four months (with additional three months aftercare) for eight young people.

Services include:

- AOD Individual / group counselling
- and case management
- Residential living skills
- Education and training
- Sport and recreation activities



## SOME SERVICE HIGHLIGHTS

Junaa Buwa! works with young people to address AOD substance misuse, offending behaviour and all aspects of health and wellbeing. This is achieved via a strengths based harm-minimisation approach which supports improvements in physical and physiological health, social functioning, access to education, training and stable accommodation. Young people are supported then empowered to move forward towards their goals.

***“Junaa Buwa! is a safe place to change and get your life back on track. I love this place.”*** Client, John, age 15, 2017

***“In the same day a Junaa Buwa! client may learn about breathing and mindfulness, participate in a cooking group and develop the skills they’ll need to enjoy life and succeed in their community. It is an amazing thing to get to be a part of.”***

Staff, Josh D., 2017

## CONTACT US

**Junaa Buwa! Center for Youth Well-Being**

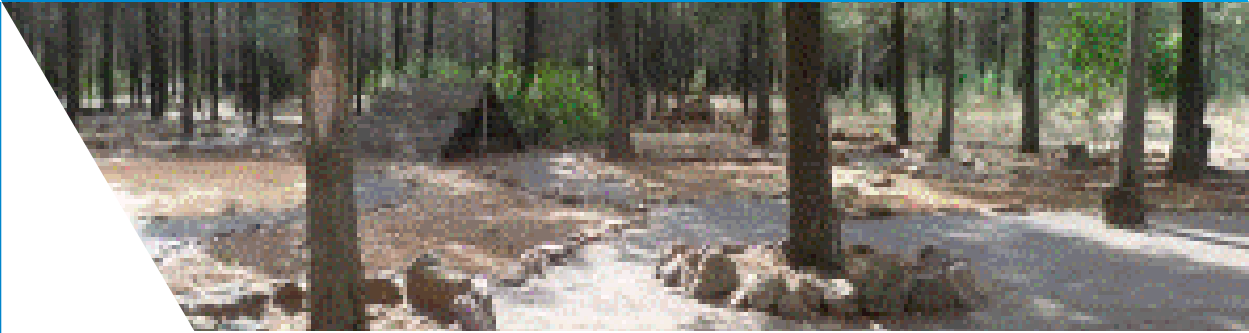
**T** 02 6651 3418

**E** JB@missionaustralia.com.au

**W** [www.missionaustralia.com.au/junaabuwa](http://www.missionaustralia.com.au/junaabuwa)

# MAC RIVER REHABILITATION CENTRE

MISSION AUSTRALIA



## OUR CLIENTS

Mac River provides services for young people, aged 13-18 years whose use of alcohol or other drugs places them at risk of significant harm and offending behaviour.

## OUR SERVICES

Mac River is a 3 month residential drug and alcohol treatment program that includes:

- Residential living skills programs - encouraging the improvement
- Counselling and individual case management
- Access to education or vocational activities through NSW Distance Education and TAFE NSW.
- Sport and recreation programs. This includes personal training, boxing program, and cultural programs including art and painting.
- 12 week aftercare support - including weekly phone calls and visits from outreach workers with the objective of ensuring that young people have stable accommodation and are supported in achieving their aftercare goals.

## SOME SERVICE HIGHLIGHTS

- Access to 12 weeks of aftercare support to assist young people in re-engaging in the community
- Range of programs including Drum Beat and Managing the Bull
- Opportunities for young people to achieve education and vocational goals with some clients obtaining paid employment while completing the program
- Individual case management with a focus on client goals, working with clients to access both internal programs and programs for self-development in the community eg. residents engaging with local sporting teams
- Rural location with opportunities for residents to participate in land and animal care projects

## CONTACT US

### Mac River Rehabilitation Centre

Dubbo, NSW, 2830

**T** 02 6887 3143

**E** [centralandfarwestnsw@missionaustralia.com.au](mailto:centralandfarwestnsw@missionaustralia.com.au)

**W** [www.missionaustralia.com.au](http://www.missionaustralia.com.au)

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# OASIS YOUTH SUPPORT NETWORK

THE SALVATION ARMY



## OUR CLIENTS

Oasis Youth Support Network (Oasis) works with young people aged 16-25, most of whom have experienced complex trauma.

## OUR SERVICES

Oasis works under a Trauma Informed Care framework and strives to provide a place of safety and care where young people can find refuge. The Choices Drug and Alcohol services include individual counselling, therapeutic groups and education program, other Oasis Youth Support Network services include:

- Case management
- Drop in centre
- Crisis accommodation
- Outreach housing
- Chaplaincy
- Legal support
- Pathways program
- Driving 4 employment
- Recreational activities
- Streetmedia
- Young parents program
- Outreach fitness centre

## SOME SERVICE HIGHLIGHTS

Located in Surry Hills, Oasis provides a wide variety of programs that offer critical points of intervention and support for homeless and disadvantaged young people between 16 and 25 years of age. Oasis works to re-establish choice, self-worth and confidence in a safe environment, empowering young people to move forward in their lives and make positive choices for their futures.

On any given night, Oasis helps to accommodate and feed more than 100 homeless young people in NSW.

## CONTACT US

### **Oasis Youth Support Network**

365 Crown St, Surry Hills, NSW 2010

**T** 02 9331 2266

**E** [oasisysn@aue.salvationarmy.org](mailto:oasisysn@aue.salvationarmy.org)

**W** [salvos.org.au/oasis](http://salvos.org.au/oasis)



# PROGRAM FOR ADOLESCENT LIFE MANAGEMENT (PALM) CONTINUING ADOLESCENT LIFE MANAGEMENT (CALM) STREET UNIVERSITY THE NOFFS FOUNDATION



## OUR CLIENTS

The Noffs Foundation works with vulnerable adolescents who are at risk of significant drug, alcohol, mental health and trauma related harms, aged 12-26 in a variety of treatment environments.

## OUR SERVICES

- PALM (Program for Adolescent Life Management): 3 month residential treatment program for young people aged 13-18 years in Sydney and the ACT.
- CALM (Continuing Adolescent Life Management): Community outreach program designed to link young people back with their families and wider communities. Based in Sydney and ACT.
- Street University: Includes a multitude of programs designed by everyday people who are willing to engage with marginalised young people in the areas of Liverpool and Mt. Druitt.
- Out-clients and Schools Program: Providing outreach and school counselling to individuals aged between 12-18 based in Sydney and the Central Coast.
- Getting It Together Scheme (GITS): Aboriginal counsellor offering counselling and brokerage in the Blacktown and Mt Druitt LGA.
- Take Hold: ACT based mentoring program supporting young people who are transitioning into or out of homelessness.

## SOME SERVICE HIGHLIGHTS

The Foundation is continuing to work closely with researchers at the University of New South Wales to conduct long term outcome studies to improve service design and delivery as well as providing valuable information to the wider sector.

***"Thank you Noffs... For once I feel like I actually belonged somewhere. I'll never forget my time in PALM and the most wonderful people I've ever met. So thanks again to you..... I'm me again"***

## CONTACT US

### The Noffs Foundation

206a Alison Road, Randwick, NSW, 2031\*

**T** 02 9305 6600

**E** [noffs@noffs.org.au](mailto:noffs@noffs.org.au)

**W** [www.noffs.org.au](http://www.noffs.org.au)

\*Main office address. For further information regarding the Ted Noffs Foundation locations, refer to pages 4 and 5 of this resource or alternatively contact the services directly.





# READY PROJECT

## ST GEORGE YOUTH SERVICES



### OUR CLIENTS

READY clients are young people aged 12-25 who have ties to the St. George & Sutherland area in the South East Sydney Health District in Sydney (live, work, study or stay) and have issues or concerns related to alcohol or drug use (AOD). Parents and families of young people are also clients.

### OUR SERVICES

The Ready Project provides::

- Practical and emotional support (case management & counselling) for young people who have AOD issues (via outreach & centre based)
- Support to families
- Supported referrals for complementary support to appropriate services
- Resources and information about AOD use and related issues
- Age appropriate and specifically targeted AOD prevention & early intervention group work for young people

### SOME SERVICE HIGHLIGHTS

- St George Youth Services is a non-profit community organisation providing FREE services in St George and Sutherland Shire
- READY can see clients in an outreach setting, such as local health services, at school, local park or café
- READY provides outreach work to over 30 high schools in the region
- READY has been delivering support to young people in the area for over 25 years
- The service is accredited under International Quality Standards ISO.9001

### CONTACT US

#### **READY Youth Drug Support St George Youth Service**

Cnr Moate Avenue and Princess Street  
Brighton Le-Sands, NSW, 2216

**T** 02 9556 1769

**E** [ready@stgeorgeyouth.org](mailto:ready@stgeorgeyouth.org)

**W** [www.stgeorgeyouth.org](http://www.stgeorgeyouth.org)



# SOUTH WEST YOUTH SERVICES

MISSION AUSTRALIA



## OUR CLIENTS

Young people aged 12-24 who live in Sydney's Macarthur Area.

## OUR SERVICES

- Daytime drug and alcohol case management and support
- Crime prevention case management.
- Youth counselling (program clients and targeted suburbs)
- Gambling counselling
- Life skills workshops at partner schools

## SOME SERVICE HIGHLIGHTS

- Individual case management and group programs at our centre, schools and homes.
- Young people not attending school for months or even years have returned to school or joined the workforce.
- Families accessing SWYS have reported improved communication between family members and other health services.
- Daily cannabis users involved in petty crime have substantially reduced their drug use and found part time employment.

## CONTACT US

### South West Youth Services

Level, 1/167-169 Queen St, Campbelltown, NSW, 2560

507 Dobell Rd, Claymore, 2559

18 Woodward Cres, Miller, NSW, 2168

**T** 02 4621 7400

**E** [kellyp@missionaustralia.com.au](mailto:kellyp@missionaustralia.com.au)

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# SYDNEY DRUG EDUCATION & COUNSELLING CENTRE



## OUR CLIENTS

Young people, aged 14-25 with problematic alcohol and/or drug use and their families.

## OUR SERVICES

SDECC is an innovative non-government drug and alcohol organisation based on the Northern Beaches in Sydney. We have been serving our community for over forty years. SDECC provides comorbid mental health services, alcohol and other drugs counselling and specialised groups. SDECC is quality accredited by the Australian Council on Health Care Standards. SDECC's philosophy is one of harm minimisation, in line with the National Drug Strategy 2010- 2015.

## SOME SERVICE HIGHLIGHTS

SDECC works with young people, their families and the broader community to minimise the harms associated with alcohol and other drug use.

Young People:

***"SDECC has helped me weigh up my options"***

***"I like the friendly atmosphere it makes a BIG difference"***

Parents:

***"I don't think we would still be a family unit if not for MDECC"***

## CONTACT US

**Sydney Drug Education & Counselling Centre (SDECC)**

**T** 02 9977 0711

**E** [admin@sdecc.org.au](mailto:admin@sdecc.org.au)

**W** [www.sdecc.org.au](http://www.sdecc.org.au)



# TRIPLE CARE FARM

MISSION AUSTRALIA



## OUR CLIENTS

Young people aged 16-24 years. Referrals are accepted from Australia and international sources.

## OUR SERVICES

Triple Care Farm is a residential, dual-diagnosis AOD and mental health service. Clients attend for 3 months and service provision includes:

- Residential living-skills program
- Vocational education and training program (including opportunities for accredited coursework)
- Individualised case management and holistic treatment planning
- Modified Dialectical Behaviour Therapy group program (specifically catering to youth with AOD concerns)
- Individual counselling and psychosocial intervention
- Sport and recreation program
- 6-month post-program support

## SOME SERVICE HIGHLIGHTS

Situated in the NSW Southern Highlands Triple Care Farm is an award-winning residential youth AOD service.

***"It wasn't easy at times, but with the support of staff and students I stuck with it."***

Student, 2013

***"I feel a lot stronger, physically and mentally."***

Student, 2014

***"I've seen a lot of positive change in myself and others."***

Student, 2014

## CONTACT US

### Triple Care Farm

188 Knights Hill Rd, Robertson, NSW, 2577

**T** 02 4860 7400

**E** [tcf@missionaustralia.com.au](mailto:tcf@missionaustralia.com.au)

**W** [www.sdmf.org.au/youth-programs/triple-care-farm](http://www.sdmf.org.au/youth-programs/triple-care-farm)

**W** [sd.missionaustralia.com.au/281-triple-care-farm](http://sd.missionaustralia.com.au/281-triple-care-farm)

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# WAYS YOUTH & FAMILY



## OUR CLIENTS

Young people aged between 8-24 years, and their families from the Eastern Suburbs, South Sydney and City of Sydney.

## OUR SERVICES

- **Wellness Centre** Counselling and case management: Free service for those aged 8-24 and their families. We work with AOD, mental health, family, parenting, school, self-esteem and relationship issues. We also offer WDOs.  
G.P.: Available by appointment at Bondi Junction, specialises in sexual health, AOD related issues such as withdrawal, mental health, smoking cessation and skin checks. Medicare card required.  
Acupuncture and dental: Free acupuncture and dental checks at Bondi Beach. Health care card for over 18s.
- **Youth Space** Drop in and hangout space for young people, tweenies for age 9-12, holiday programs, roof top basketball, gaming, homework help, art, guitar lessons, music room hire and DJ / band music events and festivals.
- **WAYS SECONDARY** NESA accredited independent, alternative school for years 9-12. We are NOT a behaviour school and do not accept students with behaviour disorders or significant learning disorders. We do not have composite classes.
- **WAYS Youth Training** RTO based at Bondi Junction. Offers a range of Cert II-IV courses in business, hospitality, community services and retail.

- **Health promotion** A WAYS Safe Summer-Peer education program over the summer months. Outreach to local young people in relation to AOD and sexual health issues and services at beaches and festivals.

## SOME SERVICE HIGHLIGHTS

High demand for counselling and case management services with excellent client feedback from young people and parents.

WAYS Secondary had doubled in student numbers while providing quality education.

WAYS Youth Training has 80% completion rates with many graduates finding work post their studies.

## CONTACT US

**WAYS Bondi Beach**  
63A Wairoa Avenue  
**T** 02 9365 2500

**WAYS Bondi Junction**  
Tiffany Plaza, 422 Oxford Street  
**T** 02 9388 9455

**W** [www.ways.org.au](http://www.ways.org.au)



# WEAVE YOUTH AND COMMUNITY SERVICES



## OUR CLIENTS

We work with young people aged 12-28 years experiencing coexisting AOD and mental health challenges.

## OUR SERVICES

The Speak Out Dual Diagnosis Program offers a broad range of programs including long term counselling and casework support, Bush Circle cultural and nature camps, social group, art and media programs, youth advocacy and leadership opportunities, hospital and Juvenile Justice Centre outreach programs and sports. Our broad range of programs allows our clients to work intensively on the mental health and alcohol and other drug challenges they face while engaging in other meaningful and empowering activities. This coordinated and integrated care is individualised for each of our clients. Stigma is reduced because of our programs' diversity and its many soft entry points.

## SOME SERVICE HIGHLIGHTS

WEAVE is a culturally appropriate service dedicated to providing support for Aboriginal clients and the broader community. We see our clients to be enormously resilient people whose mental health and alcohol and other drug challenges are coping strategies that have helped them survive traumatic events. We are trauma informed, person-centred and strengths based and our clients' safety, trust, choice, collaboration and empowerment are embedded across all aspects of our service delivery.

## CONTACT US

**WEAVE Youth and Community Services**

**T** 02 9318 0539

**E** [kylie.f@weave.org.au](mailto:kylie.f@weave.org.au)

**W** [www.weave.org.au](http://www.weave.org.au)





# WESLEY MISSION



## OUR CLIENTS

Young people aged 12-24 years in the Newcastle and Lower Hunter regions

## OUR SERVICES

Provision of crisis interventions, AOD early and brief intervention and harm minimisation activities.

## SOME SERVICE HIGHLIGHTS

Provision of Centre based and community based early intervention and prevention AOD harm minimisation activities including counselling and intensive short term casework support, information and advice, education, referral, early and brief clinical interventions, for young people individually, in schools, community and sporting groups, via outreach, face to face and phone contact.

## CONTACT US

### **Wesley Mission**

Sue McGuinness, Community Engagement Team Leader

**T** (02) 4915 3628

**E** Sue.McGuinness@wesleymission.org.au



# YOUTH SOLUTIONS



## OUR CLIENTS

Young people 12-25 years of age and the broader community in the Macarthur and Wingecarribee regions of NSW.

## OUR SERVICES

Youth Solutions is a youth drug and alcohol prevention and health promotion charity.

Our services:

- prevention and health promotion
- drug and alcohol education
- community programs
- information and referral

Youth Solutions has a Youth Advisory Group (YAG) consisting of passionate young people 15-25 years of age from Macarthur. YAG members are involved in peer education workshop facilitation and health promotion campaigns.

## SOME SERVICE HIGHLIGHTS

- Youth Solutions has been servicing the Macarthur and Wingecarribee regions since 1988
- 'Highly Commended' Youth Service of the Year, Youth Action Youth Work Awards 2014
- The 'Safe Celebrations Project' won the ZEST Award for Exceptional Community Partnership in a Local Government Area in 2014

*"We are grateful for the knowledge you shared on such an important topic and were surprised how little we knew ourselves! Thank you for being part of our Camp team!"*

Assistant Principal from a local high school

*"The YAG has been an amazing and supportive community for me, and for that I am grateful. It has been incredibly enriching and rewarding to attain such a sense of social involvement, activism and self-worth within this secure and comforting environment that really fosters growth and development."*

Previous Youth Advisory Group member

## CONTACT US

### Youth Solutions

Suite 19, Level 4, Macarthur Square Shopping Centre, Gilchrist Drive, Campbelltown, NSW, 2560

**T** 02 4628 2319

**E** [info@youthsolutions.com.au](mailto:info@youthsolutions.com.au)

**W** [www.youthsolutions.com.au](http://www.youthsolutions.com.au)

### Social Media

**F** [www.facebook.com/youthsolutionsnsw](https://www.facebook.com/youthsolutionsnsw)

**T** [www.twitter.com/youthsolutions](https://www.twitter.com/youthsolutions)

**Y** [www.youtube.com/YouthSolutionsNSW](https://www.youtube.com/YouthSolutionsNSW)

**I** [www.instagram.com/youth\\_solutions](https://www.instagram.com/youth_solutions)





# ABOUT NADA



## ABOUT THE NETWORK OF ALCOHOL AND OTHER DRUGS AGENCIES

The Network of Alcohol and other Drugs Agencies (NADA) is the peak organisation for the non government alcohol and other drugs sector in NSW. Our vision is a connected and sustainable sector providing quality evidence based programs to reduce alcohol and drug related harms to NSW communities.

We represent approximately 100 organisational members in NSW and the ACT that provide a broad range of services including health promotion and harm reduction, early intervention, treatment and aftercare programs.

Our members comprise of services that are diverse in their structure, philosophy and approach to alcohol and other drugs service delivery. NADA provides a range of programs and services that focus on sector and workforce development, information management, research and evaluation, governance and management support, sector representation and advocacy, as well as actively contributing to public health policy.

NADA is governed by a board of directors elected from the NADA membership. We are accredited under the Australian Service Excellence Standards.

Further information about NADA and our programs and services is available on the NADA website at [www.nada.org.au](http://www.nada.org.au).

### **Network of Alcohol and other Drugs Agencies**

PO Box 1266 Potts Point NSW 1335

**T** 02 9698 8669

**E** [feedback@nada.org.au](mailto:feedback@nada.org.au)

**W** [www.nada.org.au](http://www.nada.org.au)

## FURTHER INFORMATION

For further information about the Youth AOD Services Network contact:

**E** [info@nada.org.au](mailto:info@nada.org.au)

**W** [www.nada.org.au](http://www.nada.org.au)



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