

## Effective clinical supervision

Developed for frontline workers, team leaders, and people and culture managers, this webinar will show you how to get the most out of your clinical supervision.

With our panel of experienced AOD clinicians, this webinar discusses and unpacks the following:

- ✓ What does effective clinical supervision look and feel like?
- ✓ What do we mean by reflective practice?
- ✓ What is Aboriginal cultural supervision, Multicultural supervision and Peer work supervision?

### **Panellists:**

Ian Hanslow, Clinical supervisor

Yasmin Iese, Clinical supervisor specialising in multicultural supervision

Antonia Ravesi, Program Manager, NADA

Michele Campbell, Clinical Director, NADA

### **Overview:**

- Effective clinical supervision contributes to the buoyancy of the sector and reflects the diversity in the community and the AOD workforce.
- Clinical supervision is a regular, confidential, and facilitated time to reflect on our work practices with someone external to our workplace.
- Such supervision is provided by organisations to reduce the impact of vicarious trauma, risk of burnout and maintain the clinical integrity and cultural safety of the organisation.
- In its various forms, it provides a pause in the day-to-day of service provision to review the work you are doing with clients, explore different perspectives, and assess your own wellbeing.
- Clinical supervision should be a nurturing, supportive experience which promotes reflection and cultural safety.
- Aboriginal cultural supervision is recommended for services working with Aboriginal communities and is to be provided to both Aboriginal and non-Aboriginal workers in such services.
- Multicultural supervision should be provided to workers working in diverse cultural communities
- Peer work supervision, provided by experienced and trained peer workers is required for workers in identified peer worker roles.

***For more information there are additional NADA resources available:***

- [Effective clinical supervision](#)
- [Multicultural supervision](#)
- [Alcohol and other drugs treatment guidelines for working with Aboriginal and Torres Strait Islander people](#)
- [Alcohol and other drugs treatment guidelines for working with Aboriginal and Torres Strait Islander people – in a non-Aboriginal setting](#)